

## Report of the 3rd Asia Pacific Expert Workshop on Psychosocial Factors at Work

The 3rd Asia Pacific Expert Workshop on Psychosocial Factors at Work was held on 3rd-4th August 2012 in The University of Tokyo, Japan, chaired by Dr. Akihito Shimazu (Associate Professor, The University of Tokyo). This workshop followed the previous successful two workshops, which had been held in Darwin in 2010 and in Johor Bahru in 2011.

In the previous two workshops, experts from Australia, New Zealand, Malaysia, and Japan constituted the network. This year, this network has been expanded with new experts from China, Korea, and Thailand. In total, 22 experts from 8 countries (including Germany and France), 16 members of local organizing committee in Japan, and 5 volunteers from Japan participated in the workshop.

The program consisted of a keynote address, a keynote workshop, 18 oral presentations, 7 poster presentations, and round-table discussion (See Appendix for the content of the program). In the keynote address, Prof. Norito Kawakami (The University of Tokyo) talked about research and practice in psychosocial factors at work in Asia. In the keynote workshop, Dr. Kazuhiro Yoshiuchi (Associate Professor, The University of Tokyo) talked about the applications of computerized ecological momentary assessment in behavioral medicine research with small group discussion. In the round-table discussion, participants chose one of the following three topics and participate in a relevant group for the discussion: (1) Bridging research and practice, (2) Education and training for psychosocial factors at work, and (3) Innovations in work stress theory, research, and practice. A coordinator from each group presented the summary of the discussion in the final report to develop the overall future research agenda.



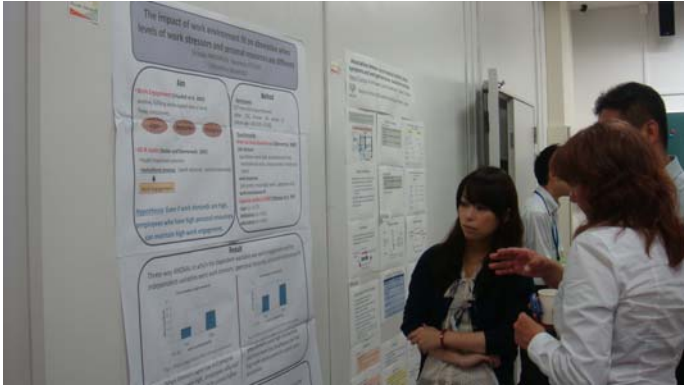
Picture 1: Keynote Address by Prof. Norito Kawakami



Picture 2: Keynote workshop by Dr. Kazuhiro Yoshiuchi



Picture 3: Oral presentations



Picture 4: Poster presentations



Picture 5: Japanese lunch box



Picture 6: Welcome reception

In the final resolution, Prof. Maureen Dollard (University of South Australia) proposed foundation of the academy in the Asian Pacific region, and all of the participants endorsed it. As a result, the Asia Pacific Academy for Psychosocial Factors at Work was officially launched (Friday 3rd August, 2012). It was also announced that the next workshop would be held in Thailand in 2013 chaired by Dr. Sara Arphorn (Assistant Professor, Mahidol University) and then in Adelaide in 2014 integrated as part of the International Commission of Occupational Health, Work, Organisation and Psychosocial Factors (ICOH-WOPS) September 17th -19th. After the whole program of the workshop, we had the farewell party, "Japan night", at Japanese restaurant, followed Karaoke party.



Picture 7: Final resolution



Picture 8: Japanese night

Finally, I would like to appreciate all members of international and local organizing committee and volunteers for their efforts in managing this workshop. Also, I would like to appreciate that this workshop was supported by The University of Tokyo School of Public Health and Japanese Society for Occupational Health Psychology, and sponsored by Ds's Mental Health Labo.



**Akihito Shimazu, PhD**

島津明人

Chair The 3rd Asia Pacific Expert Workshop on  
Psychosocial Factors at Work  
Department of Mental Health,  
The University of Tokyo Graduate School of Medicine

## Appendix. The content of the program

Day one: Thursday 2 August 2012

9:00 - 9:05	<b>Welcome</b> Akihito Shimazu	N101			
9:05 - 9:35	<b>“The Contextual Background of the Asia Pacific Network on Psychosocial Factors at Work”</b> Maureen Dollard	N101			
9:35 - 11:15	<b>Oral Session 1</b> Chair: Hisanori Hiro 1. Anusua Ghosh 2. Cindy Biding 3. Sarven S. McLinton 4. Noboru Iwata 5. Christian Dormann	N101			
11:15 - 11:35	Morning Tea Break	S101			
11:35 - 12:30	<b>Poster Session</b>	S101			
12:30 - 13:40	Lunch Break	S101			
13:40 -15:20	<b>Keynote Workshop</b> "Applications of computerized ecological momentary assessment in behavioral medicine research" Kazuhiro Yoshiuchi (Chair: Christian Dormann)	N101			
15:20 - 15:40	Afternoon Tea Break	S101			
15:40 - 17:00	<b>Round-Table Discussion</b>				
	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center; width: 33%; vertical-align: top;"> <b>ONE</b> Akizumi Tsutsumi <b>Bridging research and practice</b> (N101)                 </td> <td style="text-align: center; width: 33%; vertical-align: top;"> <b>TWO</b> Rusli Bin Nordin <b>Education and training for psychosocial factors at work</b> (N101)                 </td> <td style="text-align: center; width: 33%; vertical-align: top;"> <b>THREE</b> Michelle Tuckey <b>Innovations in work stress theory, research, and practice</b> (S101)                 </td> </tr> </table>	<b>ONE</b> Akizumi Tsutsumi <b>Bridging research and practice</b> (N101)	<b>TWO</b> Rusli Bin Nordin <b>Education and training for psychosocial factors at work</b> (N101)	<b>THREE</b> Michelle Tuckey <b>Innovations in work stress theory, research, and practice</b> (S101)	
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17:00 - 18:00	Break				
18:00 - 20:00	<b>Welcome Reception</b> at Faculty Club				

Day two: Friday 3 August 2012

9:00 - 10:40	<b>Oral Session 2</b> Chair: Yuko Odagiri 1. Kyoko Shimada 2. Jeong-Ho Chae 3. Junming Dai 4. Nur Azma Amin 5. Tessa Bailey	N101
10:40 - 11:00	Morning Tea Break	S101
11:00 - 11:45	<b>Keynote Address</b> "Research and practice in psychosocial factors at work in Asia: where we could go" Norito Kawakami (Chair: Maureen Dollard)	N101
11:45 - 12:45	Lunch Break	S101
12:45 - 14:05	<b>Oral Session 3</b> Chair: Noboru Iwata 1. Mohd Awang Idris 2. Maureen Dollard 3. Masaya Takahashi 4. Noor Hassim Ismail	N101
14:05 - 15:25	<b>Oral Session 4</b> Chair: Masaya Takahashi 1. Rusli Bin Nordin 2. Michelle Tuckey 3. Nobuko Matsuoka 4. Sara Arphorn	N101
15:25 - 15:45	Afternoon Tea Break	S101
15:45 - 17:00	<b>Final Report &amp; Resolutions</b> Reporter: Akizumi Tsutsumi, Rusli Bin Nordin, Michelle Tuckey Chair: Maureen Dollard, Rusli Bin Nordin, Akihito Shimazu	N101
17:00 - 18:00	Break	
18:00 - 20:00	<b>Japan Night</b> at Shunpu Banri	